

Shannon Striner was born in Philadelphia and moved to Pittsburgh in 2006. She attended Bryant University where she earned her BSBA in Marketing & Communication. She has over 10 years experience in advertising sales. Most recently, she worked for Root Sports selling sponsorships during Penguins and Pirates games. Shannon left her position to become a full time stay at home Mom in 2013. She has two daughters, Haley (7) and Sienna (3). She writes about their adventures and advocates for Sienna through her blog, ThisLifeWeGot.com. Her work has been published by ScaryMommy and the Today Show. Shannon is passionate about advocacy. Most recently, she completed the C2P2 training through Temple University's Institute on Disabilities. She enjoys working with other parents in the different abilities community.

Shannon and her husband, Jason, are in the process of opening a TruFusion franchise in the Strip District. They anticipate the gym opening in 2021. Their family resides in the Highland Park area.