

Carey Cardwell is an athletic trainer with Allegheny Health Network since 2001. She graduated from California University of Pennsylvania with my Master's degree in Sports Medicine. As a parent of a five-year-old with Down syndrome, Carey shares that this community has provides so much support to her and her family that she wanted to fine a way to give back. Her son Rhys is the reason she serves and she is eager to help support Rhys and all individuals with Down Syndrome lead a healthy fulfilling life.

Carey resides with her husband Eric and two sons Ryker (age 11) and Rhys (age 5) in the North Hills. She loves spending time with her family most of all. They enjoy going to the zoo, Kennywood, hiking & listening to a variety of music together. She is also passionate about exercise & try to cycle or weight lift before work.